



# ArchivesSpace

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## Albert Ellis papers 8683406

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Description is written in: English.

Describing Archives: A Content Standard

### Rare Book and Manuscript Library

Butler Library, 6th Floor  
Columbia University, Mail Code 1127  
535 W. 114th St.  
New York, NY 10027  
Business Number: (212) 854-5153  
Fax Number: (212) 854-1365  
[rbml@libraries.cul.columbia.edu](mailto:rbml@libraries.cul.columbia.edu)  
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## Summary Information

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<b>Repository:</b>	Rare Book and Manuscript Library
<b>Creator:</b>	Ellis, Albert, 1913-2007
<b>Title:</b>	Albert Ellis papers
<b>ID:</b>	8683406
<b>ID:</b>	MS#1550
<b>Date [inclusive]:</b>	1920-2007
<b>Date [bulk]:</b>	1965-1997
<b>Physical Description:</b>	218 linear feet 215 record cartons 1 document box 6 oversize document boxes
<b>Language of the Material:</b>	English , Hebrew , German .
<b>Abstract:</b>	This collection encompasses the professional and personal life of psychologist and pioneer of Rational Emotive Behavior Therapy Albert Ellis.

### Preferred Citation

Identification of specific item; Date (if known); Albert Ellis Papers; Box and Folder (if known); Rare Book and Manuscript Library, Columbia University Libraries.

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## Biographical Note

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Albert Ellis was born in Pittsburgh, Pennsylvania, on September 27, 1913 to Hettie and Henry Oscar Ellis. He was the eldest son, with a brother, Paul, and sister Janet. Not long after Ellis was born, his family moved to New York City, where he was raised. When Ellis was 12 years old, his parents divorced. As a child, he also suffered from kidney disorder. He became a voracious reader, focusing on philosophy, and used many of these philosophic teachings to train himself to tackle his shyness and overall anxiety about a variety of undertakings in life.

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## Biographical Note

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Ellis wanted to be a writer, more specifically a novelist. Between the ages of 19-28, he sent multiple book-length manuscripts out for publication. After continuous rejection, he decided to attempt non-fiction instead. He began to write about sex and many of his friends and family sought his advice. He enjoyed counseling and decided to become a professional therapist. He obtained his bachelor's degree in business administration from the City College of New York in 1934, and M.A. (1943), and Ph.D. degrees in clinical psychology from Columbia University in 1947.

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## Biographical Note

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During the 1940s, Ellis taught at Rutgers and New York University. He also acted as senior clinical psychologist at the New Jersey Mental Hygiene Clinic, served as Chief Psychologist of the New Jersey State Diagnostic Center and at the New Jersey Department of Institutions and Agencies. In addition, he acted as consultant in clinical psychology to the New York City Board of Education and to the Veterans Administration.

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## Biographical Note

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Ellis originated Rational Emotive Behavior Therapy (REBT) in 1955 as a cognitive behavioral system of psychotherapy. REBT teaches clients to use cognitive, emotive, and behavioral methods to counter their self-sabotaging beliefs and behaviors. During the 1960s and 1970s, similar forms of Cognitive Behavior Therapy (CBT) were developed, many of which drew on REBT.

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## Biographical Note

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In 1957, Ellis published his first book on REBT, *How to Live with a Neurotic*. He went on to publish 54 books and hundreds of articles. He founded and organized the Institute for Rational Living (Albert Ellis Institute) in 1959, in Manhattan where it is still operating presently. He gave Friday Night Workshops, which demonstrated REBT methodology in a public forum, at the Institute for over 30 years. Ellis served as President Emeritus of the Institute until his death on July 24, 2007. Ellis is survived by his wife, Dr. Debbie Joffe Ellis, who continues his legacy by advocating for REBT through presentations, articles, and counseling.

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## Biographical Note

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Ellis served as President and fellow of the American Psychological Association, Division of Consulting Psychology. He was a president, of the Society for the Scientific Study of Sex, and was a fellow of the American Orthopsychiatric Association, the American Sociological Association, the American Association of Marriage and Family Therapists, the American Association for the Advancement of Science, the American Association of Applied Anthropology. He was a Diplomate in Clinical Psychology of the American Board of Psychological Hypnosis, of the Clinical Hypnosis of the American Board of Psychological Hypnosis, of the American Board of Medical Psychotherapists, and of the American Board of Sexology. Ellis has been President of the Advisory Council of Distinguished Humanists, has served as Vice-President of the American Academy of Psychotherapists, as Chairman of the Marriage Counseling Section of the National Council of Family Relations, and as Executive Committee Member of the Divisions of Psychotherapy and of Humanistic Psychology of the American Psychological Association, and of the New York Society of Clinical Psychologists.

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## Biographical Note

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Ellis has served as Consulting or Associate Editor of the following journals: • *Journal of Marital and Family Therapy* • *The International Journal of Sexology* • *Existential Psychiatry* • *The Journal of Individual Psychology* • *The Journal of Contemporary Psychotherapy* • *Journal of Sex, Research* • *Voices: the Art and Science of Psychotherapy* • *Cognitive Therapy and Research* • *Psychological Reports* • *Journal of Rational-Emotive and Cognitive Behavior Therapy* • *Journal of Child and Adolescent Psychotherapy* • *Psychotherapy in Private*

*Practice • Journal of Psychology and Human Sexuality • International Journal of Eclectic and Integrative Psychotherapy*

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## Summary

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This collection consists of materials related to Albert Ellis's long career as a psychologist, sexologist, and pioneer of Rational Emotive Behavior Therapy (REBT). Records consist of correspondence, publications, photographs, notebooks, notecards, reel to reel audio tapes, audio cassette tapes, VHS tapes, and Dictaphone tapes.

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## Arrangement

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This collection is arranged in 6 series.

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## Administrative Information

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### Publication Statement

Rare Book and Manuscript Library

Butler Library, 6th Floor  
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535 W. 114th St.  
New York, NY 10027

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### **Revision Description**

xml document instance created by Jennifer S. Comins EAD was imported spring 2019 as part of the ArchivesSpace Phase II migration. 2012-06-26 2019-05-20

### **Restrictions on Access**

This collection is located off-site. You will need to request this material at least three business days in advance to use the collection in the Rare Book and Manuscript Library reading room.

### **Restrictions on Access**

This collection has no restrictions.

### **Accrual**

No additional material expected

### **Immediate Source of Acquisition**

Source of acquisition--Debbie Joffe Ellis. Method of acquisition--Gift; Date of acquisition--2010.

### **Immediate Source of Acquisition**

Source of acquisition--Albert Ellis Institute. Method of acquisition--Gift; Date of acquisition--2010.

### **Processing Information**

Papers processed Jennifer S. Comins, Grace Smith, Pratt Institute, MLIS '11, Helen Kwong, Pratt Institute, MLIS '11, Rebecca Baugnon, Pratt Institute, MLIS '11, Victoria Ludas Orlofsky, Pratt Institute, MLIS '12, Brian Shetler, Simmons College, MLIS '12 06/2012.

### **Processing Information**

Finding Aid written Jennifer S. Comins 06/2012.

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## Controlled Access Headings

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- Behavior therapy
- Blame
- Cognitive therapy
- Marital psychotherapy
- Marriage
- Marriage counseling
- Objectivism (Philosophy)
- Physician and patient
- Rational emotive behavior therapy
- Psychology
- Psychotherapy -- Methodology
- Sexology -- Research
- Journal of rational-emotive and cognitive-behavior therapy
- Ard, Ben N.
- Barron, Jules
- Beck, Aaron T.
- Branden, Barbara
- Branden, Nathaniel
- Ciardi, John, 1916-1986
- Clark, LeMon, 1897-
- Corsini, Raymond J.
- Crawford, Ted
- DiGiuseppe, Raymond
- Dryden, Windy
- Ellis, Albert, 1913-2007
- Joffe-Ellis, Debbie, 1956-
- Gebhard, Paul H.
- Geis, H. Jon
- Gillette, Paul J.
- Grieger, Russell
- Gullo, John M (John Marshall)
- Guze, Henry
- Harper, Robert A., 1915-2004



- Hauck, Paul
- Kinsey, Alfred C (Alfred Charles), 1894-1956
- Lazarus, Arnold A.
- Legman, G (Gershon), 1917-1999
- Maultsby, Maxie C.
- May, Rollo
- Meehl, Paul E (Paul Everett), 1920-2003
- Montagu, Ashley, 1905-1999
- Pillay, A. P (Alyappin Padmanabbha), 1890-1956
- Pomeroy, Wardell B (Wardell Baxter), 1913-2001
- Powers, Melvin, 1922-
- Rand, Ayn
- Rogers, Carl R (Carl Ransom), 1902-1987
- Sagarin, Edward, 1913-1986
- Spector, A. C (Auguste C.), 1910-1972
- Stuart, Carol
- Stuart, Lyle
- Vernon, Ann
- Weinrach, Stephen G
- Wolfe, Janet L
- American Academy of Psychotherapists
- American Association of Marriage Counselors
- American Psychological Association
- Barricade Books
- Carol Publishing
- Hawthorn Books, Inc.
- Institute for Rational-Emotive Therapy (New York, N.Y.)
- Institute for Sex Research
- Science & Behavior Books (Firm)
- Society for the Scientific Study of Sex (U.S.)
- Twayne Publishers

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## Collection Inventory

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### Series I: Correspondence, 1947-2006

#### Scope and Contents

This series is arranged chronologically, with an index of names and organizations that appear on a frequent basis. Common themes found within this series consist of: editors from various publishers working with Ellis in regard to either his forthcoming books, or forthcoming books written by others. Ellis frequently collaborated on publications (books and journal articles) with other psychologists, as well as those not associated with the psychological field, with regard to RET practices and/or sexually related topics. Individuals contacting Ellis for advice, individuals with comment or questions regarding one of the books or articles he wrote, and individuals seeking information on REBT workshops figure prominently throughout all years encompassed. Much of the correspondence is from faculty of Psychology or Psychiatry departments at various universities. Many are from individuals requesting

Ellis's assistance in getting their book/article published. There are memoranda between individuals at the Albert Ellis Institute. Ellis's itineraries and schedules, letters from various psychologists running RET institutes in other locales, both nationally and internationally, and requests for Ellis to speak at conferences, workshops, and symposia are consistent throughout this series. A variety of holiday, birthday, and get well cards can be found as well.

Title/Description	Instances
1947-1955 <u>Physical Description</u> : 31 folders	box 118
1955-1958 <u>Physical Description</u> : 32 folders	box 119
1960s	box 119
<b>Scope and Contents</b>	
<p>(Notable Correspondents Include: Noble H. Kelley, Southern Illinois University; George Walsh, Editor, <i>Cosmopolitan</i>; Cec Cinder, Editor, Utopia Publications; Brian Kirby, Editor, Brandon House; Jerry DeVincent, Editor, <i>Verdict</i>; Martin Grossack, Grossack Research Associates; Seymore Krim, <i>Nugget Magazine</i>; Isadore Rubin, Editor, <i>Sexology Magazine</i>; John Warkentin, Journal Editor, <i>Voices: The Art and Science of Psychotherapy</i>; The International Platform Association; Carnegie Institute of Technology; <i>Fact Magazine</i>; Psychology Club, College of San Mateo, California; Prentice-Hall, Inc.; Veterans Administration; Julian Messner, Inc. Publishers; <i>The Realist</i>; Janus Society of America; <i>Journal of Marriage and Family</i>; Charles C. Thomas Publisher; Dugald S. Arbuckle, Boston University; Grove Press; Aaron Beck; Herbert Michelman, Crown Publishers; Department of Health, Commonwealth of Pennsylvania; Paul G. Neimark, Editor, New Classics House; State of Georgia, Milledgeville State Hospital; A.C. Spector, Editorial Director, <i>Playboy</i>; Robert A. Wilson, Editor, Country Wide Publications; The Language Press; A &amp; W Publishers, Inc.; Impact Publishers; The Fielding Institute, California; Zift-Davis Publishing, Co.; American Association of Sex Educators, Counselors and Therapists, Washington, DC; Indiana School of Nursing; Springer Publishing; Russell Grieger, University of Virginia)</p>	
1958-1963 <u>Physical Description</u> : 23 folders	box 120
1960-1961	box 97

**Scope and Contents**

(File Contains Materials Related To: *The Art and Science of Love*--Includes Notes)

1963 <u>Physical Description:</u> 17 folders	box 121
1963-1965 <u>Physical Description:</u> 19 folders	box 122
1965 <u>Physical Description:</u> 13 folders	box 123
1965 <u>Physical Description:</u> 7 folders	box 126
1966 <u>Physical Description:</u> 6 folders	box 123
1966 <u>Physical Description:</u> 17 folders	box 124
1966 <u>Physical Description:</u> 15 folders	box 125
1966-1967 <u>Physical Description:</u> 18 folders	box 127
1967 <u>Physical Description:</u> 19 folders	box 128
1968 <u>Physical Description:</u> 20 folders	box 129
1968 <u>Physical Description:</u> 19 folders	box 130
1968-1969 <u>Physical Description:</u> 15 folders	box 131
1969 <u>Physical Description:</u> 16 folders	box 132
1969 <u>Physical Description:</u> 16 folders	box 133
1969	box 75

**Scope and Contents**

(File Contains Materials Related To: Ellis's Macy's Account)

1970s (Notable Correspondents Include: Federal Correctional Institution, California; Paul Dawson, Dawson Feature Films Corp; University of Pennsylvania, Department of Psychiatry; University of Northern Colorado, Greeley, Colorado; Edwin Wagner, University of Akron, Ohio; American Association of Sex Educators, Counselors, and Therapists (AASECT), D.C.; Readers Digest Press, Suzanne Howard, Editor; Roger Libby, State University of New York at Albany, Department of Sociology; Gerald Rosen, University of Oregon, Psychology Department; American Society of Psychologists in Private Practice, Samuel Kutash, Program Chair; Paul Ellis; Clayton Shorkey, University of Texas at Austin, School of Social Work; Griffin Clinic, Encino, California; Barry Singer, California State University, Long Beach; E.J. Schmitt, Psychotherapist, Institute for Medical, Psychological Education and Therapy, Department of Health Training School, Dusseldorf, Germany; Center for Dynamic Therapy (CDI), Los Alamitos, California; Stephen Weinrach, Villanova University), 1970s	box 75
1970 <u>Physical Description:</u> 18 folders	box 134
1970 <u>Physical Description:</u> 16 folders	box 135
1970-1971 <u>Physical Description:</u> 11 folders	box 136
1971 <u>Physical Description:</u> 13 folders	box 137
1971-1972 <u>Physical Description:</u> 13 folders	box 138
1972 <u>Physical Description:</u> 17 folders	box 139
1972-1973 <u>Physical Description:</u> 11 folders	box 140
1973 <u>Physical Description:</u> 15 folders	box 141
1973 <u>Physical Description:</u> 14 folders	box 142
1973-1974	box 143

<u>Physical Description:</u> 15 folders	
1974	box 144
<u>Physical Description:</u> 18 folders	
1974-1975	box 145
<u>Physical Description:</u> 17 folders	
1975	box 146
<u>Physical Description:</u> 15 folders	
1975-1976	box 147
<u>Physical Description:</u> 15 folders	
1976	box 148
<u>Physical Description:</u> 18 folders	
1976	box 149
<u>Physical Description:</u> 18 folders	
1977	box 150
<u>Physical Description:</u> 19 folders	
1977	box 151
<u>Physical Description:</u> 19 folders	
1977-1978	box 152
<u>Physical Description:</u> 17 folders	
1977-1981	box 97
<b>Scope and Contents</b>	
(File Contains Materials Related To: George Weaver)	
1979	box 153
<u>Physical Description:</u> 17 folders	
1979-1980	box 154
<u>Physical Description:</u> 18 folders	
1980	box 155
<u>Physical Description:</u> 15 folders	
1980-1981	box 156
<u>Physical Description:</u> 17 folders	
1981	box 157
<u>Physical Description:</u> 18 folders	
1981	box 75

**Scope and Contents**

(File Contains Materials Related To: Ellis Comments  
Regarding *Modern Stress: The Needless Killer*, by Diane  
Blecha and Tim Timmerman)

1981-1982 <u>Physical Description:</u> 18 folders	box 158
1982-1983 <u>Physical Description:</u> 16 folders	box 159
1983 <u>Physical Description:</u> 18 folders	box 160
1983-1984 <u>Physical Description:</u> 15 folders	box 161
1984 <u>Physical Description:</u> 15 folders	box 162
1985-1986 <u>Physical Description:</u> 17 folders	box 163
1986-1987 <u>Physical Description:</u> 20 folders	box 164
1987 <u>Physical Description:</u> 14 folders	box 165
1987-1988 <u>Physical Description:</u> 14 folders	box 166
1988 <u>Physical Description:</u> 18 folders	box 167
1988-1989 <u>Physical Description:</u> 13 folders	box 168
1989 <u>Physical Description:</u> 17 folders	box 169
1989-1990 <u>Physical Description:</u> 15 folders	box 170
1990 <u>Physical Description:</u> 15 folders	box 171
1991 <u>Physical Description:</u> 18 folders	box 172
1991	box 173

Physical Description: 19 folders

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1991 box 75

**Scope and Contents**

(File Contains Materials Related To: Robert Warner;  
Patricia Bicknell)

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1991-1992 box 174

Physical Description: 20 folders

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1992 box 175

Physical Description: 18 folders

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1992-1993 box 176

Physical Description: 16 folders

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1993-1994 box 177

Physical Description: 14 folders

---

1994 box 178

Physical Description: 20 folders

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1994-1995 box 179

Physical Description: 17 folders

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1995 box 180

Physical Description: 15 folders

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1995 box 75

**Scope and Contents**

(File Contains Materials Related To: Ellis Comments  
Regarding *The Relevance of Insight Meditation To  
Cognitive Therapy*, by George J. Steinfeld)

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1996 box 181

Physical Description: 18 folders

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1996-1997 box 182

Physical Description: 15 folders

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1997-1998 box 183

Physical Description: 16 folders

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1995-2002 box 75

Physical Description: 13 folders

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1998-2002 box 184

Physical Description: 19 folders

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1999-2000 box 75

Physical Description: 2 folders

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2002-2003	box 185
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Physical Description: 17 folders

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2003	box 97
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**Scope and Contents**

(File Contains Materials Related To: Get Well Cards)

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2003 Undated	box 75
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Physical Description: 4 folders

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1992-2004	box 78
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Physical Description: 23 folders

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2003-2004	box 186
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Physical Description: 16 folders

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2004	box 187
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Physical Description: 15 folders

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2005	box 97
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Physical Description: 5 folders

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2005-2006	box 188
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Physical Description: 16 folders

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Undated	box 189
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Physical Description: 11 folders

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Undated	box 190
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Physical Description: 15 folders

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Undated	box 191
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Physical Description: 15 folders

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Undated	box 75
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**Scope and Contents**

(File Contains Materials Related To: Letter to Ellis  
Regarding Orin Lehman's Run for Congress)

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## Series II: Library and Research Files, 1931-2007

### Scope and Contents

This series is comprised of manuscripts, articles, news clippings, and papers created by Ellis for the Albert Ellis Institute for Rational Living. Manuscripts are divided into fiction and non-fiction and are



arranged alphabetically. Many of the manuscripts are unpublished and some include annotations by friends and publishers. Articles, drafts, and notes written by Ellis are abundant. In addition, newspaper clippings and articles that Ellis annotated and categorized can be found in this series. Articles, papers, theses, and dissertations written by others are included at the end of this series.

<b>Title/Description</b>	<b>Instances</b>
<i>Ask Dr. Ellis</i>	box 74
Response to Ask Dr. Ellis, 1997-2002 <u>Physical Description:</u> 6 folders	box 74
Audience Questions, Undated	box 72
Audience Responses, 1996-1997, 2000-2003, 1996-1997, 2000-2003 <u>Physical Description:</u> 5 folders	box 57
Notes and Responses to Ask Dr. Ellis, 1998, 2000, 2001, 2003, 1998, 2000, 2001, 2003 <u>Physical Description:</u> 3 folders	box 86
Notes, 2002-2003	box 101
Drafts	box 51
<b>Fiction</b>	
"Days That Pass: A Novel," Undated <u>Physical Description:</u> 2 folders	box 51
"Love Everlasting: A Novel," Undated <u>Physical Description:</u> 2 folders	box 51
"Play," 1935	box 51
"The Problem: A Novel," Undated <u>Physical Description:</u> 2 folders	box 51
"Revolution: A Novel," 1937	box 51
"Time In: A Novella," 1940	box 51
"Time In: A Novel," 1947	box 51
"Youth Against the World: A Novel Volume I-IV, VI," 1933, Undated <u>Physical Description:</u> 9 folders	box 51
"Poems," 1931-1935, Undated, 1931-1935, Undated <u>Physical Description:</u> 5 folders	box 80
"Poems," 1931, Undated	box 81
"Fate: A Short Story," 1931	box 81

"Apples"; "Wrong Number"; "Sea Yarn"; "A Philosopher in Love," 1931-1932	box 81
"Sad to Relate"; "Women"; "And They Call It Bridge"; "Murder at Hand," 1932-1933	box 81
"Swim-Suit"; "To the Good Belong"; "Forgiveness"; "Martian View"; "Ice Box"; "Coincidence," 1933-1935	box 81
"Ph.D In Love: A Farce," by Gertrude Davis and Albert Ellis,, Undated	box 81
"The Crime"; "Duty"; "Success"; "All In a Day"; "The Bug"; "Cocktail Party," 1937-1946	box 81
"The Great Love"; "The Philosophy of Murder"; "Statutory Offense," Undated	box 81
"Soliloquy"; "Storm in the Subway"; "Taken for a Ride"; "This is How it Happened"; "Young Love," Undated	box 81
"The Secret Room"; "Night Life," Undated	box 81
Non-Fiction	box 64
"The Art of Not Being Unhappy," 1936	box 64
<i>All Out: An Attempt at Honest Autobiography</i> ,, 1997 <u>Physical Description</u> : 4 folders	box 6
Autobiography, 1968	box 6
Autobiography, 1998, Undated <u>Physical Description</u> : 3 folders	box 6
Notes and Chapters with Corrections for <i>All Out: An Autobiography</i> , Undated <u>Physical Description</u> : 4 folders	box 107
Ayn Rand	box 6
<i>Is Objectivism a Religion?</i> -- Edits, 2004-2005 <u>Physical Description</u> : 6 folders	
Notes on Ayn Rand by Albert Ellis, Undated	box 92
Notes and Copies of Notes on Ayn Rand by Albert Ellis,, Undated	box 92
"Capitalism Wastes," Undated	box 92
Correspondence with Elliot Cohen, Kevin FitzMaurice, 2003 March 4, May 28, 2003	box 92
Ellis on Rand: Some Comments, by Elliot Cohen, Undated	box 92
<i>Is Objectivism a Religion?</i> Outline: "The [Capitalists-Libertarian]-Objectivist Economics is...,Undated	box 92

Folders with Notes from Martine, 2002 November 21, 2002	box 92
<i>Is Objectivism a Religion?</i> --Notes from Martine to Albert Ellis,, Undated	box 92
Drafts	box 92
Introduction, With Correspondence and Notes From Jimmy Walter, 2003 May 30, 2003	box 92
Index and About the Author, Undated	box 92
Chapter 1 with Two Copies of Chapter 3, Undated	box 92
Pages 7 to 194, With Notes, Undated	box 92
Two Copies of Chapters 7 through 14 with Notes, Undated	box 92
Chapter 15: Summary and Conclusion, Undated	box 92
Pages 221 through 310, Undated	box 92
"Ayn Rand: Her Fascistic and Devoutly Religious Philosophy"--Notes,, Undated <u>Physical Description</u> : 5 folders	box 92
"Ayn Rand: Her Fascistic and Fanatically Religious Philosophy," 2003 <u>Physical Description</u> : 2 folders	box 101
"The Black Widow: Ayn Rand and the Cobwebs of Objectivism"--Manuscript by Patrick Crosby, Includes Correspondence between Crosby and Albert Ellis, 2004 June 14, 2004	box 92
Fax from J. Walter Regarding Ayn Rand and Is Objectivism a Religion, 2005 January 11, 2005	box 92
Jimmy Walter and Objectivism Book, Undated <u>Physical Description</u> : 2 folders	box 81
"The Biological Basis of Human Disturbance," Undated	box 40
'Born-Again Virgin: The Rational Philosophy of Dating Now,' 2002	box 109
'Buddhism and Rational Emotive Behavior Therapy,' Undated <u>Physical Description</u> : 2 folders	box 6
Drafts and Notes, Undated	box 113
"The Capitalist System,' 1936	box 64
"The Case for Sexual Liberty Part II-IV," Undated	box 64

Physical Description: 3 folders

The Case for Promiscuity Volume I Part I-IV, Undated	box 64
<u>Physical Description:</u> 12 folders	
The Case for Promiscuity Volume I Part V-VI, VIII, Undated	box 58
<u>Physical Description:</u> 9 folders	
"Causes of Nymphomania,", Undated	box 58
"Concord Economics: An Exposition and Interpretation of the Economic Thoughts and Actions of the New England Transcendentalists of the First Half of the Nineteenth Century,', 1934	box 58
Conquering Adversity: A Rational Approach to the 'Horrors' of Life,, Undated	box 58
Conquering Adversity--Mss on Hospital Staff, 1972	box 105
"Discussion of Papers by Christopher Uecke and Howard Kassinove and by Chris Muran," American Psychology Association Annual Convention, Boston, 1990 August 13, 1990	box 40
"Emotional Education: How to Teach Children to Think Clearly about Themselves and the World," 1967-1969, Undated, 1967-1969, Undated	box 80
<u>Physical Description:</u> 2 folders	
"Feeling and Thinking: Implications of Zajonc's Theory for the Cognitive Behavior Therapies," by Richard L. Wessler and Albert Ellis,, 1982	box 40
"The Folklore of Sex: A Study of Sexpression in America", Undated	box 80
'Get It! The Intelligent Woman's Guide to Dating and Mating,', Undated	box 109
"The Intelligent Woman's Guide to Man-Hunting (Play Version)", 1965	box 55
<i>A Guide to Rational Living</i> by Harper and Ellis,, Undated	box 40
"Healthy and Unhealthy Aggression,', 1973	box 40
<i>A History of the Dark Ages: The Twentieth Century,,</i> Undated	box 79
<u>Physical Description:</u> 7 folders	
<i>A History of the Dark Ages: The Twenty-First Century, ,</i> Undated	box 79
<u>Physical Description:</u> 3 folders	
<i>A History of the Dark Ages: The Twenty-First Century,,</i> 2004	box 101

Physical Description: 3 folders

Homosexuality Manuscript	box 40
Bibliography, Drafts, by Ed Sagarin and Albert Ellis, 1964, Undated	box 40
"Introduction," by Donald Webster Cory (Ed Sagarin) for Albert Ellis Homosexuality Manuscript,, 1964, Undated	box 40
"Introduction to John Zimmer Eglinton's Greek Love," Undated	box 40
"How I Used Rational Emotive Behavior Therapy to Cope With and to Live Happily With My Own Physical and Emotional Problems,' Undated	box 79
<u>Physical Description:</u> 4 folders	
'How Rational Emotive Behavior Therapy Has Helped Me With My Own Emotional and Physical Problems,' Undated	box 79
<u>Physical Description:</u> 2 folders	
"How I Used Rational Emotive Behavior Therapy to Live Happily with My Own Physical and Emotional Problems," Undated	box 79
<u>Physical Description:</u> 5 folders	
"How I Used Rational Emotive Behavior Therapy to Live Happily With My Own Physical and Emotional Problems,' Undated	box 101
<u>Physical Description:</u> 2 folders	
"How I Used Rational Emotive Behavior Therapy to Live Happily with My Own Physical and Emotional Problems"--Debbie's Copy,, Undated	box 104
"How to Really Help Yourself with Self-Help Books," Undated	box 71
"How to Stop Harming Yourself with Self-Help Books," Undated	box 71
'How to Become a Leader,' 1937 January, 1937	box 80
<i>How To Manage Yourself Emotionally and Effectively, Control Your Business, Relationship, and Social Affairs,, 2004</i>	box 81
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<i>Is Self-Esteem a Sickness</i> , 2004, Undated	box 71
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"A Programmed Sex Manual, Dr. Albert Ellis"--Photocopies, Undated	box 105
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"A Primer of Marxism" (first draft), Undated	box 80
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"A Primer of Marxism or What Marx Really Said,', 1936	box 80
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<i>The Rational Emotive Approach to Manic-Depressive Illness</i> , by Ellis and Abrahms, Undated	box 40
<i>Rational Emotive Behavior Therapy: It Works for Me-It Can Work for You</i> , 2003	box 103
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"Rational Emotive Behavior Therapy,", 2003-2004	box 103
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"Rational Emotive Therapy and Cognitive Therapy: Research and Clinical Applications with a Comprehensive Bibliography,", 1982	box 81
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"Can Rational Emotive Behavior Therapy and Acceptance and Commitment Therapy Resolve Their Differences,", 2004	box 101
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"Rehumanization--Possible Book Collection of Articles by AE,", 1973	box 105
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<i>The Road to Tolerance</i> --Original, Duplicates, Copies Corrected, Notes,, 2003, Undated	box 105
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<i>The Road to Tolerance: The Philosophic, Religious and Spiritual Theory and Practice of Rational Emotive Behavior Therapy</i> , Undated	box 103

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"A Simplified Paraphrase of Immanuel Kant's Critique of Pure Reason," , 1932-1933	box 80
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"Stories,' 1941-1946, Undated, 1941-1946, Undated	box 103
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"That Man Jesus!", 1933	box 80
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"Voluntary Organizations: How to Operate Them," , 1936	box 80
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"Why I Do Not Hate Wayne Dyer," , 1978	box 40
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"Why Psychoanalytically Oriented Sex Therapy is Superficial and Iatrogenic: A Special Review of Helen Singer Kaplan's Disorders of Sexual Desire," , Undated	box 40
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"Women: How to Handle Them," , 1941, Undated	box 63
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"Workbook for How to Control Your Anxiety before It Controls You," , Undated	box 103
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"How Shall We Define Success in Psychotherapy?", Undated	box 86
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"Why REBT is the Most Comprehensive and Effective Form of Behavior Therapy," Undated	box 86
"Postscript: How to Deal with International Terrorism-- Includes Notes and Final Version,, Undated	box 86
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"Albert Ellis: I Accept Myself, and Others: Therefore I Am," Undated	box 86
"Preventing Counsellor (sic) Burnout in Brief Cognitive Behavior Therapy," From <i>Handbook of Brief Cognitive Behavior Therapy</i> , Ed. by Bond and Dryden--Includes Correspondence,, 2002	box 86
"Albert Ellis: REBT Founder of the Reincarnation of Siddhartha Gautama" By London, Wilson, Monjes--With Notes,, Undated	box 86
"A Relational Frame Theory Account of Rational Emotive Behavior Therapy," by Moran, Blackledge, Ellis, 2004 March 7, 2004	box 86
"The Importance of Integrating Other Therapies into REBT Practice," 2002 Summer/Fall, 2002	box 86
"How to Manage Yourself Emotionally and Effectively Control Your Business, Relationship, and Social Affairs"-- Includes Notes and Correspondence with Tim, 2004 June 8, 2004	box 86
"Outline for Theories of Personality: Proposed Text," By Albert Ellis, Mike Abrams, Lidia Abrams,, Undated	box 86
"Remarkable Influences That Helped Make Me a Remarkable Therapist," Undated	
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"Informal History of Approaches to Sexual Counseling in America and the Rational-Emotive Approach to Sexual Counseling"--Unpublished Version From Approaches to Sexual Counseling Workshop in Irvine, CA, 1974 March 22-23, 1974	box 55

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"Are Some of Your Best Friends Dangerously Disturbed?", Undated	box 115
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"First Report of Group II Topic III: The American Tradition at Bay,", Undated	box 115
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"Individual Paper: Human Nature and the Social Order,", 1943	box 115
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"Preliminary Outlines for A Critical Evaluation of the Environmental and Constitutional Factors in the Etiology of Homoeroticism," 1943 May, 1943	box 40
"Projective Methods in the Study of Personality," 1946	box 115
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<i>The New York Times Nostalgic Years in Song</i> , Edited by Irving Brown, 1974	box 89
<i>Popular Songs of Nineteenth-Century America</i> , Introduction and Commentary by Richard Jackson, 1976	box 89
<i>Gilbert and Sullivan: Everybody's Favorite Series No. 6</i> , 1938	box 89
<i>Stephen Foster Songbook: Original Sheet Music of 40 Songs</i> , by Stephen Collins Foster, 1974	box 89
<i>Sousa's Great Marches</i> Selected and Introduced by Lester S. Levy,, 1975	box 89
<i>100 Best Songs of the 20's and 30's</i> Introduction by Richard Rogers,, 1973	box 89
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### Series III: Notebooks, 1933-1963

#### Scope and Contents

This series consists of materials found held within loose-leaf notebooks, titled by Ellis. These notes are arranged alphabetically by subject, including topics on marriage, love, sex, psychology, psychotherapy, music, poems and book reviews. General notes include tests, picture vocabulary cards and handwritten notes on books and article titles, psychology topics, and suggested talks and workshops. Untitled notes are related to the alphabetically arranged notes and appear to be out of original order. These notes include typed with handwritten subject terms assigned by Ellis written on them. Refer to Box 50, folder 5 for lists of term abbreviations and definitions.

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## Series IV: Notecards, Undated

### Scope and Contents

This series contains three types of notecards. They have been divided into three sets, the first being notes in point form on REBT, and its application to different topics, which he referred to when giving various lectures, workshops, trainings, and seminars. The second set consists of the name, publisher, year, place of publication, details of books and authors Ellis used to put together the reference index sections of his books and articles. The third set consists of names, addresses, phone and fax numbers, and email addresses of people he would contact, including doctors and people who contacted him on a frequent basis.

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## Series V: Audio Visual Material, 1953-2007

**Scope and Contents**

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**Subseries V.1: Audio cassettes, 1966-2007****Scope and Contents**

Audio Cassettes, 1966-2007. Subseries V.1, Audio Cassettes consist of Albert Ellis's historic Friday night workshops figure, along with lectures, symposia, and patient sessions. Friday Night Workshops figure prominently. The descriptions for each cassette are transcribed exactly from the tape itself, or accompanying notes. These transcriptions include Ellis's own system of abbreviations and acronyms.

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comprehension. Not Recommended. 1973 August.  
Signed Michael Edelstein

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NAMED, lk of orgasm, 1974 ALGAN, prog. w/wife and drinkg, 1974	box 23
TLAES, anx abt sex, 1972 October ; LAHRA	box 23
ROMRI, fr of pub spkg, 1972 August ; FEHMA, numb abt numbness, 1974 February	box 23
MIZHE, prog w/independence, 1974 March; interview w/editors of penguin books	box 23

IPSRD, behvr ther and RET, 1972 June	box 23
RET and Drug Abuse, Solon, Ohio, 1974 May ; RET Dem Solon Drug Abuse Center, Ohio, 1974 May, young male afraid to assert self w/wife	box 23
RET Workshop, Seattle, 1974 April	box 23
RET group Dem-female afraid to approach new males, 1974 May	box 23
RTSRD, reality ther, 1974 NEVEI, wrk insecurity, 1974 March	box 23
RET Workshop, Battle Creek, 1974 May	box 23
RET Dems, London, 1974 July ; RET Dem, Houston, woman W D who goofs on house work, 1974 July	box 23
RET Workshop, Toronto, 1974 June ; RET Dem, Irv. Angry at wife, Toronto, 1974 June	box 23
RET Talk-Riveredge Hosp., Chicago, 1974 May ; RET Dems, Riveredge Hosp., Chicago, 1974 May	box 23
RET Dem with a coule, Houston, 1974 March; RET Dem, jealous female, Houston, 1974 March	box 23
RET Workshop, athens, Ohio, Ellis, 1974 May 18; RET and Treatment of Adolescents, 1974 May 17 on TV	box 23
RET Workshop, Battle Creek, Indl Dem; cont Group Therapy	box 23
Clearwater Workshop, 1974 April ; cont	box 23
RET Workshop, Phila, 1974 May 19; How to be an Unashamed hedonist unprofane, 1974 May	box 23
Albert Ellis, visit with Mrs. Hettie Ellis and Janet Greer, 1973 September 23; Interview with Jim Stingley, L.A. Times, RET, 1973 September 23	box 23
RET Dem, Iowa City, 1973 Interview on Privacy on marriage with Laurie Lyle,1973 October 30	box 23
LDGRD, how to accept self,1974 January ; Interv. w/ Geoffrey Muirden,1974 January	box 23
Group Dem. Clearwater,1972 August ; Interview w/ Donald Meichenbaum, 1974 January	box 23
ROHSE, 13 yr old boy w/Anx abt going to H.S.; Interview with Walter Block and Dick Bullock (continued),1974 January 7	box 23
IRPLA, certainty Nd, 1973 November ; Interview w/ W/ Block and D. Bullock,1974 January 7	box 23
AHSDE, 1972 September 11, deprsd-shd be better fast-nd to be outstndg-tripped,1972 September 21;1972	box 23

September 18 deciding wht she wnts to do and nt  
what others want//puttg self down fr turng onto a  
druggied,1972 October 2

Albert Ellis and Maxie Maultsby,1971 June 30; Group Supervision, Albert Ellis, 1971	box 24
Interview: Jason Aronson; Interview: Frank Adducci-Psychology of Adolescents,1973 July 19	box 24
Interview with Niel Everest on the sensuous Person,1973 June 17; Interview with Ed Brown and Donna on RET	box 24
CUSAR, prog, Inter: Sex ther,1973 July	box 24
Interview on RET,1973 February 12, Phoenix; cont	box 24
Interview: George Breen,1973 June 12; David Leiter, Interview on Studying Social Work	box 24
NAKDE, Albert Ellis, obsessed with lesbian ideas-worthless,1971 January 23; NAKDE,1971 January 26	box 24
Londons Sun, Richard the strange-sensuous person,1973 May 12; Interviews, Dennis Doden, Group Sex, 1973 March 8	box 24
ODOED, depresd at W's leaving, 1972 May ; prog. w/ females, 1972 June	box 24
Interview with Father Malachi, Meredith Found; cont	box 24
ELRGE, scared of nty ,1973 July 31;AHCDA, lateness to apptment and prog w toothbrushing ,1973 August 2	box 24
Interviews, Sol Gordon, Sex and Energy-Mary Ann Raynes, 1973 January	box 24
IPSRI, intense jlsy of wfs hvg sex w/other men-down self,1974 February 26;NOBSI, puttg self down-giving up easily on wtv, 1973	box 24
Workshop on RET, Intro Talk and tape recording and discussion, Dubuque, IA,1971 June 19; cont	box 24
RET Workshop Group Dem, Pensacola,1973 June	box 24
ROHAR, hypnosis,1974 March, poor tape mech	box 24
Sex Guilt and Frustration,1973 October ; How to Really be your own best friend,1973 October	box 24
RET, Norman, older male who hates himself for being influenced, Musnegon, Mich,1973 November 5; Talk: Case for sexual liberty, Lehigh Community College, Albert Ellis,1973 November 7	box 24
RET and Sex and Love Problems,1974 February 16; RET dem Mediation Fellowship, ROVRI,1974 February 16	box 24

Cognitive Behavior Therapy, Davenport, Iowa, 1972 March 12; RET Dem, 30 yr. old woman who is procrastinating, 1972 March 14	box 24
Ohio Rehabilitation Assn., Annual Mtg. Workshop, Rat. Psych. And Counseling for Handicapped Individuals, 1971 September 16	box 24
Davenport, Iowa, Talk to Soc. Workers with child clients; Davenport, Iowa, Talk to Teachers of Disturbed Children, 1973	box 24
How to Conquer Weekend Lonliness; RET and Group Espousal, 1973 November	box 24
Albert Ellis, Are we Undergoing a sex revolution?, 1969 January 12; Sex problems of college students, Univ. Delaware, 1970 October 9	box 24
GOKJE, nd fr success with girls-shithead, 1973 LOGAL, whing abt WF's int in other men, 1973 September 11	box 24
RET Dems, 15 yr old boy, Scottsdale Guidance Center, Arizona, 1973 February 11; RET Dems cont	box 24
RET Dem, Austin, Mary angry at me, 1974 July ; RET Dem, San Antonio, 1974 July	box 24
RET Dem, Donia unable to write poetry anx abt anx, Toronto, 1974 June ; Toronto Workshop cont, 1974 June	box 24
RET Dem, young man w/prob w/WP, Irvine, CA, 1973 September ; RET Dem, Irvine, CA, 1973 September low recordings	box 24
RET Dems, 1972	box 24
APGA, film with Joan, Atlanta, 1973 May 28; Atlanta, RET Dem, 1973 May 28	box 24
NYC Attendance, Teachers Workshop, 1971 January 27; cont	box 24
RET Workshop, Palo Alto, 1973 February 10; RET Dems	box 24
RET Workshop, Atlanta, 1973 May ; cont	box 24
Therapists Group, 1974 January 2	box 24
Therapists Group, 1974 January 16, Mike, prob w/thesis; cont, Pat-getting doctorate-Liane-divorcg H	box 24
Therapists Group, 1973 December 19; cont	box 24
GAWPE, 1973 March 16, intent to change behvr when he is home	box 24
GAWPE, 1973 March 8; RAHRI, 1973 August 6, unusual prog-overcoming boredom	box 24
1973 May 15	

	box 24
BRUKE,1972 May 30, anx state-phobia abt aprching girl; IRPLA, acceptg self and B F-hostility and self-downg,1972 October 5	box 24
Therapists Group,1974 May 8	box 24
HSOMI, 1972 November 15, alc-self dmng frATc; ERFAR,1973 October 1	box 24
ETSER,1973 September 27, cnt urinate in public-impotent w/females; IEGDE, nd to direct play perfectly, 1973	box 24
GAWPE, steals; 1973 February 27, upset abt not spkg rapidly enough in group	box 24
FIGHO,1972 April 7, indecisive-depresd-condemng self;1972 April 20, prog w/hvg sex and givg upon recalcitrant BF	box 24
GAWPE, stealg bks of nd fr lv and hostility to M and her lver; 1973 March 1, upset abt B's cmt lcism and M's upset	box 24
GAWPE, 1973 March 6, real prog w awfulizg and frust; GAWPE, 1973 March 12, real prog w homework report	box 24
RET, Wesleyan Univ.,1971 March 17; Sex without Guilt, 1971 March 17	box 24
Rationality and Irrationality in the group process, Adelphi Univ.,1971 June 20; IASRP Group Supervision,1971 September 15	box 24
NYC Attendance Teachers, 1971 January 28; cont	box 24
RET Workshop, Western Ill. Univ. Macomb, 1974 February 2; cont	box 24
IOPRU, 1973 July, blamg self and not listng to ther; NIWBA, 1973 July, fr of losg job	box 24
Atlantic Community College Workshop in RE Psychotherapy, 1971 May 23; cont	box 24
Pensacola Workshop, Talk on RET, 1973 June 29; questions	box 24
RET Dem, Columbua, 1974 February; RET Dem Columbus, 1974 February 24	box 24
RET Dem,Henderson Clinic, Ft Lauderdale-Dave, 1974 February; RET Workshop, 1974 February	box 24
RET Dems, Marilyn-Cleveland, 1974 February; RET Dem, John blushg	box 24
Western Ill Univ., 1973 February 1, RET Dem-yng male afrd to tlk to females; cont	box 24
Audio Cassette:	box 24



**Scope and Contents**

KAWST, 09/1974 ; Rosemary Wittman-Passion

**Scope and Contents**

Note in case: KAWST, 1973 September, Injustice-- Interesting message, as Al remembered his adventures in taxi-riding, airplane schedules and had shoulders. But, the pt. doesn't do much except listen, although he does seem to "get" the RET message at the end. No identifying names are used. High intensity hum mars and otherwise acceptable sound recording. Not a good example of therapy because the point is so passive. Ric

RET Dem, 1973 April 7, Ottawa-35 yr old angry with mother; Ottawa, 1973 April 7, RET Dem-detached young female	box 24
RET Dem, Cleveland, Marilyn, 1974 February 9, Sherryl Dem	box 24
Audio Cassette:	box 25

**Scope and Contents**

RUBKA,1973 August 23, real prog w drinkg-F's disturb; AHCDA, 1973 August 16, blamng self fr complsns and inadeqcies

**Scope and Contents**

Note in case: Review of side with F. Sound quality-good. Much of the tape does not exemplify RET methodology. A fair amount of time is spent by the client relating history. Not good for publication.

RET workshop, Germany, 1971 July 21; cont	box 25
RTSDA; EFPDO, 1973 February--D writing block-difficult client	box 25
RIFRI, He sexly bored, she compulsy; RIFCA, How not to get angry,1972 May	box 25
Therapists group-1974 June 5-Steve-Helping clients; Joel-angry and hurt abt wife's not seeing his nobility	box 25
Therapists Group, 1972 April 4	box 25
Group Supervision, 1971 July 28; cont	box 25
Audio Cassette:	box 25

**Scope and Contents**

LAPNA,1973 October 1--tape ends after 20 minutes, Shame-Nd for T's love-upset abt his criticism;

DORLO, 1972 June 15, lk of confidence-anger-prog  
durg sessn

### Scope and Contents

Note in case:LAPNA, 1973 October 6. There are 2 sessions on this side of the tape totalling only 30 minutes. Although there are valuable aspects to both sessions I would not recommend either because of their incompleteness. J Block

Therapists Group, 1972 November 19	box 25
Therapists Group, 1972 October 18	box 25
Fellowship Group Therapy, 1973 October 3; cont	box 25
ROMDA,1973 May 14, Practicg helpg self and downg self fr goofg; RUBKA, 1973 August 9, dealg w shame avoidance at wrk	box 25
RAHJE, 1973 June 2, two psychotic -musts and perfectionism; WOHME, 1973 June 17, not disputg self downg ideas	box 25
AHCDA,1973 August, contamination and washg after toilet touchg; GALRD, real prog by 11 yr. old boy-self-acceptnce and vulnerability	box 25
DUGLY, demndg she be betr lkg and mr competent; 1972 September 25, worthlessns-admitg-wrkg agnst it	box 25
KEPGE,1973 September, dep and glty; OOMSH, 1973 September, prog in not upsetg self	box 25
CEBMA, 1973 October, acceptg lv affr w boss in spite of its limitation [adult]; BURJE, paranoia abt W May be carg fr another man	box 25
RAMKE, hatg W fr controlg him, 1972 December 19; 1973 January 26, demndg tht W and others treat him well	box 25
KAWST,1973 July 31, Lv nd and demndg he do the right thing-philosophic discussion; AHCDA, 1973 August 1, Sm prog W toothbrushg compulsion	box 25
GTSRA,1973 August 20, Disputg his ideas leadg to complsns; ARFSA, 1972 April 18, Gltg abt relatg to W and other women too dply	box 25
Supervision-Psychotics and Their Treatment,1973 October 24; WOLUD, How to make sex more exciting, 1973 October 20	box 25
DELEV,1972 April 18, Blamg self fr D's flore; LABSH,1973 October, Psychosis and Paranoid	box 25
RACMD and RACBA, She d herself abot his decision to divorce; He resolved to separate and wrk on his glt self-defama	box 25

AHSDE, Boxg self in w blamg, 1972 October 4;1972 October 25, puttg self down	box 25
Therapists Group, 1974 April 10, Ron's anger; Ross's upset abt D son-in-law	box 25
DCMLI, 1972, cryg and ashmd of cryg-shithood-fr of rejectn, OK for written transcript; LIWFR,1973 October 16, fightg shithood	box 25
Audio Cassette:	box 25
<b>Scope and Contents</b>	
EHSJE, 1973 prog in acceptg H gettg him to do better; RAMRA, 1973 October 17, not damng people for their acts	
<b>Scope and Contents</b>	
Note in case: EHSJE, 1973 2nd session, sound quality is good. RET methodology is good. This patient aspires to run for congress given the remote possibility that she does and is successful plus the current predudice against political candidates having seen a shrink. tape May be a problem-although on the other hand there are no concrete identifiable statements. Pateint talks sufficiently and is getting the RET message. Recommended with the qualification noted above. RAMRA,1973 October 17, Sound quality good, although there is a brief break at the beginning. RET methodology good. No identifiable material. Client talks sufficiently but seems to be "yessing" Albert more than accepting and understanding the RET message. Not recommended. signed J. Block	
Therapists Group,1974 April 24, shame exercises	box 25
Therapists Group,1974 July 3, Pat-Michael; Steve	box 25
Therapists Group,1972 November 1	box 25
Therapists Group,1974 March 21, Steve and Michael; cont	box 25
LEBCA,1972 March 24, Blames self fr nt being assertv w males; anx-1972 April 14, shyness-acceptg new role at wrk;1972 March31, self-reinforcement schedules-ndg lv and depressn	box 25
RET Dem: Sychophantic client, 1973 Thurs. Group, 6:30, 1974 September 9, Joe-Marv, Tyler, Tom	box 25
NOJHA and NOJAU,1972 December 14, She is disgustd w sex-lk of comunica-she glty and self-downg; She ct hv romantic attachment and lv her H too	box 25
UAVTE,1973 January 27, sm prog w self-downg-cnt lk pepl ; GTSRA, 1973 August 11, rituals and compulsions	box 25

SELNE, Heroin addiction-self-blmg-low frust tolerance; 1973 February 22 determnd to stay off heroin	box 25
RAMKE,1972 November 6, fr of flg at schl and anx abt anx; RAHAU, 1973 December 12, fr of gtg job and mmg social contrls	box 25
Audio Cassette:	box 25
<b>Scope and Contents</b>	
NAMAL, boredom lk of purpose, 1973 RACJA, cog. Desensitization,1974 February	
<b>Scope and Contents</b>	
Note in case: RAHAU, Undated. Found good. Methodology-very forceful. Might have been at least a little warmer. Mention of first names only. Client speaks sufficiently but is not particularly responsive. Not recommended. Reviewer-J. Block	
SAMJO, Sm. Prog. W anger,1973 November, KAWST, 1973 April, rebellg agnst boss; Ft Lauderdale Workshop,1973 December 16	box 25
LIWJA, 1974 Anger and Anx; TANTR, 1974 September, Fr of exams-lack of confidence	box 25
LOGAL, obsesd w WF,1973 October ; ROHSE, refusg to wrk at schl,1973 November	box 25
AMSLO, compromising w H on swinging; Angry at H, 1972	box 25
BULJA, appropriate and inappropriate emotions,1972 June 18-anger;1972 June 7, perfectionism abt W--1972 June 10, tolerance	box 25
AHCDA,1973 November 1, how humans mk up arbitrary rules	box 25
NETVE and NETSU, 1973 equ and workg hard-She putg self down in past; RET Dem. Young male with sexy but inad. Woman friend. St Petersburg, 1973 October	box 25
ROHAR, poor erection,1973 August 17; AHCDA,1973 August 15, working on complsns	box 25
BARSH, low frustr tolerance in gettg job and W bfs, not good for public presentation; AHCDA, 1973 October 1, sm. Prog in getg to therapy on time	box 25
CEBIR, dfculty of humans chng, 1972 August ;1972 September, low frust tolerance	box 25
Audio Cassette:	box 25

**Scope and Contents**

SEWSA, 1973 June 12, Real prog. W self and BF;  
RABNA, 1973 June 16, presn-cnt tk pot

**Scope and Contents**

Note in case: SEWSA, patient is a woman who sounds as though she was probably quite rational to begin with; thus is not a typical patient. 1973 December . Signed JLW

LOGRO,1972 March, fr of going crazy, self-downg	box 25
LOGRE, 1972 April, fr of going crazy. Sm prog., 4-track	box 25
AHSAR,1973 May 31, acceptg injustices of the world; Barbara Howell, Cosmo-How to handle selfish man	box 25
WOLJO, 1972 November 23, nd to put everyone but himself in one category; RET Workshop, St. Petersburg, 1973 October 27	box 25
ELRGE,1973 August, fear of marrg WF; LOGAL, Image of self, 1973 August	box 25
LEPMA, 1972 April, blamg self; NEBPA, blmg self, 1972	box 25
Audio Cassette:	box 25

**Scope and Contents**

MASST, 1974 July 17, musts-anx-lft; Interview on wealthy clients with Jackie Thompson, 1974 April 22

**Scope and Contents**

Note in case: MASST,1974 July, Sound-good. Methodology good. No identifiable info. Referral source might be blipped out. Client is mostly acquiescing, he is superficially responsive. Not recommended. Signed J. Block

Audio Cassette:	box 25
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**Scope and Contents**

RTSDA,1973 June, Relates to women mainly sxly-lk of confidence; RAWST,1973 January 17, worth and rejection-Indl is worthless and has no value in his existence

**Scope and Contents**

Note in case: KAWST, 1973 July 17. Sound quality mostly good when volume up. In a few spots, sound quality gets poor. Yes. No. First name of girlfriend-at end of session, another session heard name of person

mentioned. Client actually does most of the talking in session. Does seem to be working this out in his own head. Is getting the RET message but session is somewhat chill. Bob Kornhaber

RELBA,1974 August 9, awfulizing abt relative sxl impotence; CIHJA, 1974 September 12, must hv immed gratificat-disputg musts	box 25
SOBJE, 1974 July, anger and self-downg; CIMRE, 1974 August, anti-relig tech	box 25
NELGI,1972 April 11, depresd after W left him-shithd; 1972 April 18 givg up idea of exclusivity and possessg W's body	box 25
Audio Cassette:	box 25

**Scope and Contents**

IHWJO, havg dire lv nd,1973 January; antidepressn

**Scope and Contents**

Note in case: Steven Katz. Side A. IHWJO. Sound quality mediocre. Tape is not a good example of RET methodology. Much of tape is information and advice giving. No blips and client talks and shows some indication of getting the message. Not recommended

JOBGA, lonely-self downg-glty abt divorce; 1972 June 8, upset abt X BF and thng not going her way	box 25
AEPAN,1974 August, nt creatv w H sxly; ORGMA, 1974 July, prg. W self-asertrn	box 25
Audio Cassette:	box 25

**Scope and Contents**

OKSNE, guilty abt wanting to leave,1973 February; OKSRH, H wants to leave

**Scope and Contents**

Note in case: OKSNE,1973 February. Rich Harris reviewer. Sound quality good-mediocre. RET methods, therapist uses clarification, humans choose to act the way they do oftentime suicide, challenges inappropriately generalizing from past to present, identifies assumptions that lead to false conclusions, e.g. one finds out something by trying it, good handling of nutty idea of guilt, which leads to shithood and putting own desires after desires of other persons. Points out possibility of "open marriage", suggest readings. Identifying info. and names: at beginning of tape client mentions who repressed him-names should be deleted. Client

participation is good. Client responsiveness seems to avoid picking up on RET points. I don't believe this tape would be a good choice for RET approach, although there are several items within the tape that could be useful

RET-Salem State Coll.,1972 November ; ORGMA, depressed over really bad thgs in her life, 1974 July	box 26
IEFPH, lk of confidence-depressed-anx-anger, 1972	box 26
WOHME, being infantile and blaming self for being infantile, screwing up w new GF;1972 April 8, Dire lv nd mkg him insecure w a female, 1972 April 14, lgt to GF to protect her	box 26
IRORD, ins, 1972 October 17, anx abt fire, LSD, self-downing; REFAR, 1974 July 13, Musts-self-downing for not handling new job	box 26
SOCRO, operant condit for losg wt-defaming self abt GF, 1973	box 26
POHGL, 1973 May 23, anx-depressn-rage-nutty ideas; KAWST, achvg his potential without work and errors	box 26
ERFNA, depressn-shithood, 1972 July ; LAPNA, hatg hr self,1973 October	box 26
AHSDE, inborn tendency to exaggerate slg of thgs; KAWST,1973 June 19, anx abt relatg to women-inability to relate	box 26
HUDBE and HUDOD, He rel. impotent she depressed, 1972 August;1972 September 21, gtg both to accept others failings	box 26
LAWDI,1973 September 8, not stndg up fr self w M and others; ROCMA, being cautious about crt case w F-adolescent,1973 September	box 26
Audio Cassette:	box 26
<b>Scope and Contents</b>	
ARPLI, 1972 December 27, sex inad-awfulizg and fantasy; H's ats twrd sex	
<b>Scope and Contents</b>	
Note in case: ARPLI,1972 December 27, 1st session. Sound quality is mediocre. Methodology is good. Referring psychologist is mentioned by name. Client does not talk sufficiently and there isn't a clear indication that she is getting the RET message. Not Recommended. J. Block	
AE and Pamela Mann, 2001 August 7	box 26

Fri Workshop,2003 January 23, wors.. Very disturbed family, nutty son	box 26
Party in honor of Janet Wolfe, PhD, 2002 December 8	box 26
Fri Nite, 2003 February7, woman To get job, woman	box 26
REBT and the Use of general semantics, 2002 November 9	box 26
Fri Workshop, 2002 October 25, woman who can't find a man, woman jealous when her boyfriend lusts after women	box 26
RET Tape #2; Positive placebo, tape #2	box 26
Fri, 2003 May 9, women who must , woman afraid of transportation	box 26
2002 August 16, Fri Workshop, woman angry at unfaithful BF, woman w fear of big dogs	box 26
Fri Workshop,1986 June 13, woman angry at her boss who fired her, man scared of his woman-friend's upsetness and demandingness; cont	box 26
Fri Workshop,2002 October 11, man w performance anxiety, man needy of approval	box 26
Interview with Hunter College Students, 2002 November 27	box 26
Possibilities Radio w/Dr. Mike Davison; Albert Ellis on REBT, 2002 December 20	box 26
Fri Nite, 2003 March 11, woman whose father was very critical, woman whose father is critical..	box 26
Fri Workshop, 2002 September 13, woman woman overeatg, woman whose father committed suicide	box 26
Fri Workshop, 2002 August 9, woman nt hvng others' values, man anx abt being stand up	box 26
Fri Nite Wkshp,1986 May 9; Fri Night Workshop, Dom DiMattia	box 26
Fri Nite, 2003 February 28, Phil anx abt work stress, Beckie afrd to tell father shes gettg married	box 26
Unconditionally Accepting Yourself and Others, Albert Ellis, PhD, Institute for RET; same	box 26
Fri Nite Workshop, 2002 October, looks like 2 gd clients	box 26
Fri Nite Workshop, 2004 January 28, woman afrd of reactions, woman fights for custody	box 26
Fri, 2001 May 23, Woman who cant chg her job, woman who must get all A's	box 26



Fri Workshop, 2002 March 29, woman who was hurt by nurse and hospital, woman guilty abt advsg sister to tell therapist abt her daughter's "abuse"	box 26
Fri Nite, 2002 June 14, woman hvg to mk adoptg decisn, woman w adulterous hsbnd	box 26
Fri Nite Wkshp, 2002 April 5, man man obliged to , with scott goldman man in anxiety; Fri Nite Workshop, 2002 April 5	box 26
Memorial for for Nicole Henkel, 2002 July 27	box 26
Fri Nite, 2002 July 12, man with little envirnmt, woman socially shy	box 26
Fri Workshp, 1986 August 29, male who cn't meet and relate to women, male who is too needy w women and too dependent	box 26
Fri Workshop, 1986 June 20, male w tinnitus and who is not not sleeping well, social worker, male, angry at injustice, Richard	box 26
Rational Songs, Albert Ellis, vocal D.. Fried Roberts, only copy; blank	box 26
Fri Workshop, 2003 March 5, dependent mother, Jennifer, very depresd	box 26
Rational Song Festival, 1977 June 4, 2nd Nat'l on RET in Chicago; blank	box 26
Music to set Words to, 1977 February, Chopin, Sousa.; cont	box 26
Effective Self-Assertion, by Albert Ellis. Psychology Today Tapes, Produced by Psychology Today, American Psychological Association, 1200 Seventeenth Street, NW, Washington, DC 20036	box 26
Fri Nite, 2003 May 20, , woman w angry son	box 26
Fri Workshop, Sharon boyfriend is going UK, Tom-self-downg for anxiety	box 26
Fri, 2003 April 25, anx abt not sleeping,	box 26
Fri Nite, 2003 April 18, woman afraid to lv husband, woman's husband didn't do thgs with her	box 26
Fri Workshop, 2002 November 1, woman whose boyfriend is unexpressive, woman overwhelmed with children	box 26
Rational Emovitive Training, 1982 March 3	box 26
Fri Workshop, 1986 April 12, man whose woman friend is demndg me time and attention, with David Roll, Donna-hurt, angry, and self-downg whn male friend criticizes her; cont	box 26

Fri Workshop, 2002 May 10, anx abt broken , woman: anx abt sisters illness and death	box 26
Interview with Izacs Overholzer, 2002 November 8	box 26
AE, 2001 December 29, Albert Ellis better copy; 2001 December 29, poorer tape	box 26
Coping with Fear of Rejection, Albert Ellis, 1989 October 18; cont	box 26
Rekindling Romance, by Albert Ellis, Psychology Today Tapes, Produced by Psychology Today, American Psychological Association, 1200 Seventeenth Street, NW, Washington, DC 20036	box 26
Rational Songs cont., dupl	box 26
Rational Humorous Songs, 1978 July, Albert Ellis duplicate; Whine, Whine, Whine a Rationality Songs' by Albert Ellis. APA Meetings, 1976 September 3 duplicate	box 26
OOMNA, 1987 January 31, severe depression; OOMNA, 1987 February 9, Angry at boss	box 26
Albert Ellis Songs, Originals I'm on Need of Loving Therapy, I am just a fucking baby, 1977 August	box 26
Rational Songs, 1977 February 17, with Electric Piano, Albert Ellis; songs-Rationality Songs cont	box 26
Another version of Rational Humorous Songs poorer version, Dupl.; Rational Humorous Songs, 1977 December, Dupl. low volume	box 26
Albert Ellis, I'm In Need of Loving Therapy, I am just a fucking baby, 1977 August, dupl.	box 26
Rational Humorous Songs, Albert Ellis, 1978 August, duplicate	box 26
Rational Humorous Songs, Albert Ellis, 1978 August, duplicate; cont	box 26
Albert Ellis, I am just a fucking baby, I'm in need of Loving therapy, 1977 August	box 26
Rational Songs-Xmas Party, 1977	box 26
Introduction to a Garland of Rational Songs, Albert Ellis, 1977 February 21--On how I hate to get up	box 26
Rational Humorous Songs, 1977 December, Sung and Composed by Ellis dupl.	box 26
Music for Rational Humorous Songs played by Janet Wolfe, 1978 August	box 26
Rational Humorous Songs, Albert Ellis, 1978 August - original; Songs cont., 1978 August, original	box 26

Rational Humorous Songs, Sung with Lyrics by Albert Ellis, 1977 December ; cont	box 27
Albert Ellis, 1969 June 2, How to Achieve Sexual fulfillment; How to Achieve Sexual Fulfillment, Musical Compositions, 1966 June 2	box 27
Rational Humorous Songs, Albert Ellis, 1977 December, dupl.	box 27
Tape for Dr. Ellis, Love Slob, song. Label in cassette case: 1st song, Diana Ross and the Supremes doing original Love Child, 2nd song, love slob	box 27
EHCLI, 8 yr old bedwetter, hidden probs. Of sex	box 27
Interview w Pat Schiller, 1977 March 16, on phone Hypnotic Tape-Improv Memory, 1977 March 16	box 27
Hypnotic Session, anxiety	box 27
Lecture 2001 Albert Ellis	box 27
Fri Workshop, 2004 April 12, woman 2 alcoholic men, angry male	box 27
Fri Workshop, 1988 November 24, woman compulsively calling her ex-male friend, Young male panicked about brain problems and acting impulsively	box 27
Fri Workshop, 1986 June 6, Woman who is angry about job frustrations, Man who is unassertive; cont	box 27
LEGBA, Hyp. Tape, 1977 August 5	box 27
Interview for Japanese Magazine on Sex and Stress, 2002 August 17	box 27
Fri Workshop, 1986 May 16, Male, 42, who is too selective about females, 23 yr old woman anx and angry when criticized by woman friend	box 27
Fri Workshop, 2001 August 31, Ex alc. Man guilty about contribtg to mothers MS, woman whose brother cant relate to women	box 27
Fri Workshop, 2002 March 15, woman still up on ex lover, woman who owes her depressed mother help	box 27
SABSN, 1996 January 24, 8 yr old child whose mom and F are fightg and May separate	box 27
Getting over Getting Older, 2001 May 24	box 27
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## Subseries V.2: Reel to Reel Audio, 1953-1975

### Scope and Contents

Subseries V.2, Reel to Reel Audio include session recordings of individuals and groups, talks, presentations, lectures, and interviews on radio and television programs, including several by Mike Wallace. Panels and workshops, conventions, Cooper Union Forums, volumes of the American Association of Psychologists Tape Library, of the Institute for Rational Living Tape Library figure prominently. The descriptions for each reel to reel are transcribed exactly from the tape itself, or accompanying notes. These transcriptions include Ellis's own system of abbreviations and acronyms.

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1. SIWIS, NEHED, EVIDW, ETSSI, RAMRU, TOGED, 1966 December 29; 2. REFJA, REFRO, GUPLU, HIBAN, RABJE, DAMDO, NODMA, 1967 January 2; 3. SOCAL, IERFR, RUBBO, DLEFR, LOGBA, 1966 December 31; 4. EILJO, RTSRO, IEZJO, REFJA, EROJO, CULDA, CAMJO, 1966 December 30

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1. ELPSA, RHODO, ROCCA, UOHWI, AUZJO, CAMJO, 1967 January 31; 2. AEPED, EPSDO, RHODO, TRAJO, MOGMO, RHODO, IHSCE, 1967 February 3; 3. RHODO, ETSSI, EROJO, REBEL, RBARO, 1967 February 2; 4. RENAR, RAMRO, SOMLI, SIW, ORBST, RHODO, 1967 February 1

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