

# Guide to Physical Education and Athletics BC13.41

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Barnard Archives and Special Collections

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URL: <http://archives.barnard.edu/>

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## Summary Information

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<b>Repository:</b>	Barnard Archives and Special Collections
<b>Creator:</b>	Barnard College. Athletic Association
<b>Creator:</b>	Barnard College. Physical Education Department
<b>Source:</b>	Barnard College. Physical Education Department
<b>Title:</b>	Physical Education and Athletics
<b>ID:</b>	BC13.41
<b>ID [aspace_uri]:</b>	/repositories/2/resources/168
<b>Date [inclusive]:</b>	1900-2006
<b>Physical Description:</b>	24.69 Linear Feet 39 full sized boxes, 16 half size boxes, 2 oversized boxes, 2 document drawers
<b>Physical Location:</b>	This collection is located in the Barnard Archives and Special Collections, Barnard Library. To use this collection, please contact the Barnard Archives and Special Collections at 212.854.4079 or archives@barnard.edu.
<b>Language of the Material:</b>	English .
<b>Abstract:</b>	This collection consists of materials relating to both the Physical Education Department and the extracurricular Athletics Association organization. Materials include reports, calendars of events, class lists, physical exam results, Athletic Association handbooks and minutes, rules, team lists, and gym costumes.

### Preferred Citation

Physical Education and Athletics, 1900-2003; Box and Folder; Barnard Archives and Special Collections, Barnard Library, Barnard College.

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## Historical Background

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The Athletics Association was founded by students at Barnard in 1900 as a branch of the student government. The intent of the Athletics Association was to manage all athletics at Barnard during a time when the College had no physical education program. Membership with the Athletics Association bought a student access to games, tournaments, and the College's recreational spaces, such as the tennis court.

The Physical Education Department of Barnard was created in 1904 at the suggestion of the Committee on Undergraduate Athletics of the Alumnae Association. The first class was a mandatory lecture in personal hygiene for students, as well as two hours of mandatory exercise in the gym each week. Physical education classes took place at Teachers College until 1917, when Barnard Gymnasium was opened.

In the 1910s, after struggling with the Physical Education Department for control of sports at Barnard, the Athletic Association was integrated into the Physical Education Department, functioning as a branch that worked with team sports.

Physical Education classes offered by the College focused on team sports, and popular classes were golf, tennis, and basketball. Sports unaffiliated with the courses of physical education offered by Barnard took the form of intramural competition, with members of different classes competing against each other. In 1983, the Columbia/Barnard Athletic Consortium was established (when women were admitted to Columbia) so that students at Barnard could compete against other schools at the Division I level through participation in the Columbia athletics program.

Predecessors of the Physical Education Department and the Athletics Association included the bicycle club, which was founded by students in 1896, and a dancing class started in 1898.

Presently, Barnard's Physical Education Department organizes intramural sports and fitness classes for Barnard students, and the Columbia/Barnard Athletic Consortium is responsible for Division I Varsity athletics for Barnard and Columbia students.

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## Collection Scope and Content Summary

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The Physical Education Department records include materials from the Barnard College Athletics Association and Physical Education department. Materials include uniforms from old physical education classes, early reports and minutes of meetings of the Athletics Association, scrapbooks, course listings and curricula, and annual reports and inventories. Additionally,

the collections contain newspaper clippings, pamphlets, photographs, and other materials that outline Barnard College's participation in sports-related events.

Highlights of the Physical Education records include details about the hygiene classes offered in the 1920s and 1930s, which speak to perceptions of women's bodies and physical health at the time. Related are materials on teaching Body Mechanics, a facet of physical education that emphasized proper posture for optimal women's health, clippings about posture contests held at Barnard, and the Mythical Freshman statistics (Miss 1944 - Miss 1948), which were a composite of health statistics from all Barnard women each year used to show the "typical" physical characteristics of Barnard College women.

Other components of the collection include clippings and other materials that highlight the accomplishments of women athletes at Barnard College, information about the annual Celebration of Women in Sports event, and information about the Seven Sisters Invitational sporting event. Also of note are materials that highlight bygone sports such as quoits.

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## Collection Arrangement

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The records are arranged in two series, contents are arranged in original order within boxes. The series arrangement of the records is as follows:

Series 1, Athletic Association materials

Series 2, Physical Education Department records

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## Administrative Information

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### Publication Statement

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## **Access**

Some items in boxes 36 and 44 - 46, are restricted as they pertain to private student, faculty, and staff information.

## **Publication Rights**

Permission to publish material from the collection must be requested from the Barnard Archives and Special Collections. The Barnard Archives and Special Collections approves permission to publish that which it physically owns; the responsibility to secure copyright permission rests with the patron.

## **Reproductions Restrictions**

Photocopies or scans may be made for research purposes.

## **Acquisition Information**

Items transferred from the Physical Education department in 1987, 2000, 2011, and 2013.

## **Accruals**

Additions are expected.

## **Processing History**

This collection was processed and the finding aid written by Dinah Handel, February 2015. The finding aid was updated by Dinah Handel, June 2015.

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## **Controlled Access Headings**

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- Intramural sports
- College sports
- Universities and colleges -- Departments
- Barnard College
- Physical education and training
- Physical education for women
- Barnard College. Physical Education Department

## Collection Inventory

### Athletic Association materials, 1900-2001

Physical Description: 10.22 Linear Feet 22 full size boxes, 5 half size boxes

Language of the Material: English.

Title/Description	Instances
Clippings of Sports 1920s-1930s	box 1
Clippings and Photographs 1940s	box 2
Clippings 1948 - 1951	box 3
Athletic Association Reports, minutes, and presidents, 1924 - 1963; Harvest Hop and Miscellaneous Reports: 1940s	box 7
Athletic Association Awards: 1919 - 1964; Notices: 1928 - 1930	box 8
Schedules and Notices 1972 - 1979	box 9
Annual Reports: 1919 - 1928	box 10
Annual Reports: 1928 - 1938	box 11
Annual Reports: 1938 - 1953	box 12
Annual Reports: 1953 - 1962	box 13
Annual Reports: 1962 - 1969	box 15
Body Mechanics: 1957; Monthly Calendar and Responsibilities: 1958; General: 1962 - 1964; Phys. Ed. and Athletic Association Scrapbook: 1951 - 1974	box 23
Athletic Association Handbook, 1926 - 1939	box 24
Athletic Association pamphlets and event brochures, 1914 - 1989; Barnard/Columbia Athletics brochures	box 26
Department Chair meeting minutes, 1994 - 1999; Barnard Faculty meeting minutes, 1984 - 1999	box 29
Archery, Crew, Track, and Swim misc. clippings, notes, rosters, 1976 - 2001	box 30
President and University Advisory Committee on Athletics meeting notes, 1990 - 1999	box 31
Celebration of Women in Sports programs, notes, 1981 - 1984; Barnard-Columbia inter-collegiate athletics, 1979 - 1994	box 35
Women's Track and Field; NCAA Newspapers	box 39
Women's Track and Field; Volleyball	

	box 40
Women's track and field; Barnard-Columbia inter-collegiate athletics	box 41
Newspaper clippings; Athletic brochures; fencing; 1937 - 1938 student health interpretations	box 42
Intercollegiate Athletic Committee; 7 sisters conference; grade statistics; Fern Yates Memoriam	box 43
Tournament Pamphlets; Athletic Scores and reports, 1930s; Senior questionnaire and requirements; Greek Games Planning; Margaret Holland Bowl; Holly House; General suggestions from students, 1934, 1940	box 47
Clippings, 1930s; The Mythical Freshman, 1938, 1944 - 1948; Athletic Award Reception 1957 - 1960; Athletic Association Minutes, 1953 - 1957	box 48
Athletics Association meeting minutes, reports, 1946 - 1953	box 49
Misc. 1930's	box 51
Athletic Emblems and Honor Awards, 1931-1948	drawer 40
Athletic Association plaque honoring seniors,, 1929-1965	drawer 42

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## Physical Education Department records, 1910-2003

Physical Description: 11.27 Linear Feet 21 boxes, 12 half size boxes, 1 oversized box

Language of the Material: English.

Title/Description	Instances
Body Mechanics clippings 1947 - 1958; Syllabi and Brochures for Physical Education; Margaret Holland Files; PE Statistics 1919 - 1972	box 4
Freshman program, gymnasium, health, senior questionnaire 1918 - 1938	box 5
P.E. Programs 1958 - 1963; Office Procedures 1956 - 1967; Rules and Policies 1950	box 6
Reports 1953 - 1957	box 14
Annual Reports: 1969 - 1978	box 16
Reports 1971 - 1978; Department Meeting notes 1918 - 1928	box 17
Meetings 1928 - 1953	box 18
Meeting Minutes 1970 - 1977	box 19



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Forms: 1920 - 1932, 1970s; Letters to students: 1973 - 1974; Student Questionnaires: 1970s	box 20
Statistical reports from Physical Exams, 1941 - 1951	box 21
Conference on Dance, 1966; Information and Instruction: 1970 - 1976; Philosophies of PE; Plan for Participation; Recreation Activities and Registration: 1968 - 1969; Publicity: 1970s	box 22
Body Mechanics: 1957; Monthly Calendar and Responsibilities: 1958; General: 1962 - 1964; Phys. Ed. and Athletic Association Scrapbook: 1951 - 1974	box 23
Staff Meetings, 1966 - 1988	box 27
Department Meeting minutes, agendas, notes, 1987 - 2003	box 28
Department Chair meeting minutes, 1994 - 1999; Barnard Faculty meeting minutes, 1984 - 1999	box 29
Rosters, 1968 - 1978	box 32
Physical Education grading and registration, 1977 - 1979; 7 Sisters Invitational 1984; Department Manuals, 1988 - 1989; Purchase Orders, 1979 - 1980	box 33
Tri-Partite Athletic Committee meeting minutes and chairperson notes, 1978 - 1982; Physical Education Department receipts, notes, 1979 - 1982	box 34
Faculty/Staff Files	box 36
Faculty/Staff Files, hiring, 1994 - 2000; Disability Info; Children's Swim info; Massage Therapy info	box 37
Faculty Schedules; Hiring Information, 1989 - 2003	box 38
Intercollegiate Athletic Committee; 7 sisters conference; grade statistics; Fern Yates Memoriam	box 43
Personnel Files	box 44
Studies on PE programs; Union Documents; Faculty Files	box 45
Personnel Files	box 46
Tournament Pamphlets; Athletic Scores and reports, 1930s; Senior questionnaire and requirements; Greek Games Planning; Margaret Holland Bowl; Holly House; General suggestions from students, 1934, 1940	box 47
Clippings, 1930s; The Mythical Freshman, 1938, 1944 - 1948; Athletic Award Reception 1957 - 1960; Athletic Association Minutes, 1953 - 1957	box 48
Newsletters, articles, reports, test scores, misc, 1920s - 1930s	box 50
Misc. 1930's	box 51

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Misc. 1930's; Event brochures and fliers; Hygiene Course 1919, 1939; Reports and clippings, 1915 - 1978; Syllabus, 1936; Celebration of Women in Sports, 1978 - 1984	box 52
Track and Field, 1985; Athletic programs and schedules, 1967 - 1983; Clippings, newsletters, handbooks; Department Meetings, 1945 - 1949	box 53
gym shift and freshman cap, 1932	box 54
Programs and pamphlets, 1953 - 2009	box 55
Reports, Student Leadership Plaque, circa 1940s-1978	box 56

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